Elizabeth Lee Black Summer Breakfast Menu

July-August 2023



				THE NUTRITION GROUP
		<u>5.</u>	<u>6.</u>	<u>7.</u>
		Assorted Muffins w/ Assorted Crack- ers Fresh Apple Assorted Juice Milk	Assorted Yogurt cup w/ crackers Fresh Banana Assorted Juice Milk	Assorted Cereal w/ Assorted Crackers Assorted Applesauce Cup Assorted Juice Milk
10.	<u>11.</u>	<u>12.</u>	<u>13.</u>	<u>14.</u>
Assorted Mini Loaf w/ Crackers Fresh Apple Slices Assorted Juice Milk	Mini Bagged French Toast Fresh Orange Assorted Juice Milk	Assorted Muffin w/ crackers Fresh Apple Assorted Juice Milk	Assorted String Cheese w/ crackers Fresh Banana Assorted Juice Milk	Assorted Cereal w/ assorted Crackers Assorted Applesauce Cup Assorted Juice Milk
17.	18.	19.	20.	21.
Assorted Pop tart w/ Crackers Assorted Apple Slices Assorted Juice Milk	Mini Pancakes Fresh Orange Assorted Juice Milk	Assorted Crescent Fresh Apple Assorted Juice Milk	Assorted Yogurt Cup w/ crackers Fresh Banana Assorted Juice Milk	Assorted Cereal w/ Assorted Crackers Assorted Applesauce Cup Assorted Juice Milk
24.	25.	26.	27.	28.
Assorted Mini Loaf w/ Assorted Crackers Assorted Apple Slices Assorted Juice Milk	Mini Bagged French Toast Fresh Orange Assorted Juice Milk	Assorted Muffins w/ Crackers Fresh Apple Assorted Juice Milk	Assorted String Cheese w/ crackers Fresh Banana Assorted Juice Milk	Assorted Cereal w/ Assorted Crackers Assorted Applesauce Cup Assorted Juice Milk
31.	1.	2.	3.	4.
Assorted Pop tart w/ Crackers Assorted Apple Slices Assorted Juice Milk	Mini Pancakes Fresh Orange Assorted Juice Milk	Assorted Crescent Fresh Apple Assorted Juice Milk	Assorted Yogurt Cup w/ crackers Fresh Banana Assorted Juice Milk	Assorted Cereal w/ Assorted Crackers Assorted Applesauce Cup Assorted Juice Milk
		Prockfoot Milk Chaines Daily		MENOO OODOEOT TO OTHEROE

In order to qualify for a reimbursable Breakfast this meal must include the following components: Meat/Meat Alternate, Fruit, Grains, Milk.

Breakfast Milk Choices Daily:

Chocolate or 1% White

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